



SPA

ULTIMA 
G S T A A D

WELCOME TO ULTIMA SPA & CLINIC

The place where your journey to perfect well-being starts.

With over 800 m², the Ultima Spa offers a unique atmosphere dedicated to wellness and medical treatments.

The Ultima Spa is a blend of luxury, state-of-art equipment and world-class experts. With our signature treatments and bespoke products, our therapists will give you a moment of pure relaxation.

With more than 10 years of experience as Swiss FMH Specialists, the doctors operating at Ultima Clinic offer you high-level medical expertise with personalized and various solutions to all your detox and aesthetic desires.

ULTIMA SPA & CLINIC FACILITIES

Steam room	3 Clinic treatment rooms
Finnish sauna	Fitness room
Indoor and outdoor jacuzzi	Beauty salon
15-meter long swimming pool	Nail bar
4 Spa treatment rooms	Juice bar
1 Double spa treatment room	

OPENING HOURS AND CONTACT

Open daily from 10:00 AM to 8:00 PM

For appointments or information please contact:
spa@ultima-gstaad.com or +41 33 748 05 59





SWISS
PERFECTION
MONTREUX

The New Skin Perfectors



www.swissperfection.com

LUXURY TREATMENTS BY SWISS PERFECTION

The savoir-faire “Made in Switzerland” committed to excellence, precision and technological innovation in order to attain the ultimate results in aesthetics and regeneration, Swiss Perfection’s skincare ranges protect cells from premature ageing, while intensifying the production of collagen.

S W I S S P E R F E C T I O N H I G H T E C H

PERFECT LIFTING [90 min]

Anti-ageing treatment with exclusive High-Tech machine.
Immediate and lasting visible results

SWISS PERFECTION HIGH TOUCH FACIALS

PERFECT PURIFYING [60 min]

Anti-oxidant and purifying treatment

PERFECT HYDRATION [75 min]

Intense moisturising treatment

PERFECT LIFTING [90 min]

Anti-ageing treatment

MEN PERFECT REPAIR [60 min]

Deep cleansing treatment designed for men

U L T I M A O R G A N I C F A C I A L S

ANTI-FATIGUE BOOSTER FACIAL [30 min]

Express anti-fatigue and radiance facial

ULTIMA SIGNATURE FACIAL [60 min]

Organic customised facial

THE LEGENDARY FACIAL [90 min]

Organic anti-ageing treatment with the “Kobido” technique







CHAKRA BALANCING MASSAGE

[75 / 90 min]

Holistic journey with semi-precious crystals for the harmony of mind,
body and soul



M A S S A G E S

ULTIMA SIGNATURE [60/90 min]

Tailor-made nourishing massage followed by a face mask

DEEP TISSUE [60/90 min]

Relieves and restores the muscles

LOMI - LOMI [60/90 min]

Delivers the power of the four elements with a relaxing wave

HOT - STONE [60 minutes] [90 minutes]

Pampers after a snowy day

MUM TO BE [60 min]

Brings the greatest comfort to you and your baby

*All massages can be enjoyed in the double cabin

S E N S A T I O N S

HEAD MASSAGE [30 min]

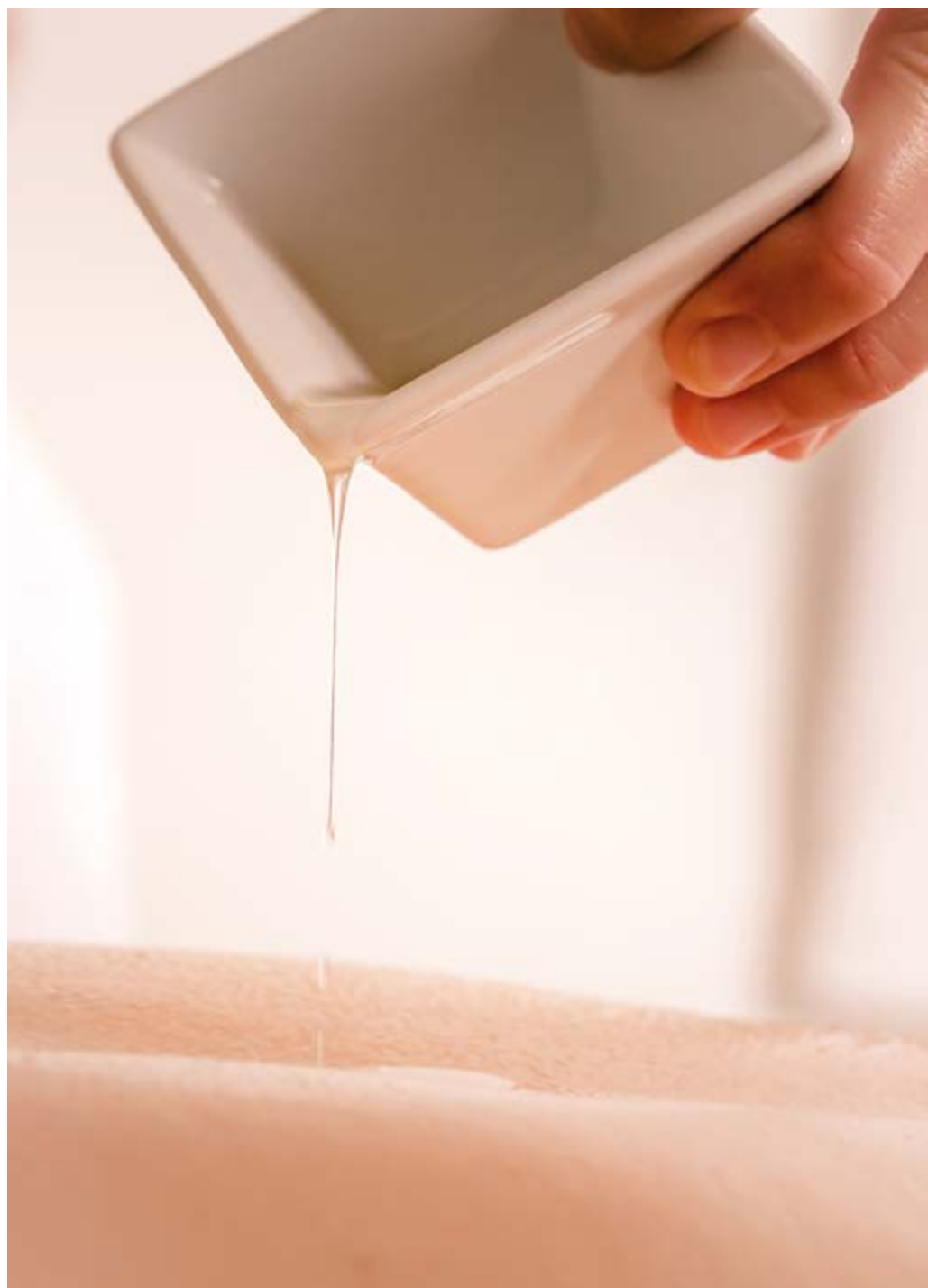
Relaxes and restores

FOOT REFLEXOLOGY [30 min]

Energises and detoxifies your body

EMOTIONAL AND STRESS RELIEF THERAPY [Upon Request]

Releases the energy and rebalances the harmony of your mind and body.



B O D Y

DETOX RITUAL [90 min]

Body scrub, detox lymphatic massage, tea wrap

TONIC BODY RITUAL [90 min]

Body scrub, veinotonic massage, firming wrap

MOUNTAINS RITUAL [90 min]

Body scrub, relaxing massage, nourishing wrap

ANTI-CELLULITE RITUAL [90 min]

Body scrub, anti-cellulite massage, slimming wrap

SUBLIMATING SCRUB [40 min]

Gentle and renewing skin cells exfoliator

M Y F I R S T S P A E X P E R I E N C E

Children up to 8-years-old, are welcome to enjoy a delightful moment of relaxation and gentle care by having as good a time as mum and dad.

M Y F I R S T M A S S A G E [30 min]

Gentle relaxing massage

M Y F I R S T F A C I A L [30 min]

Delicate facial with delicious scents

M Y F I R S T M A N I C U R E O R P E D I C U R E [15 min]

Fairy hands or funny toes

*Parental authorization is requested and we recommend the presence of an adult during the treatment.

TEENAGE SPA EXPERIENCE

Children up to 18-years-old, are welcome to enjoy a delightful moment of relaxation and gentle care by having as good a time as mum and dad.

TEENAGE FACIAL [45 min]

Delicate facial with delicious scents

TEENAGE MANICURE OR PEDICURE [30 min]

Organic nail polish with manicurist

*Parental authorization is requested and we recommend the presence of an adult during the treatment.



B E A U T Y

EXPRESS MANICURE OR PEDICURE

EXPRESS MANICURE, REMOVAL
& SEMI PERMANENT

EXPRESS MANICURE
& CLASSIC NAIL-POLISH

CALLUS PEELING TREATMENT

WAXING

MAKE-UP UPON REQUEST

W E L L B E I N G A N D H O L I S T I C E X P E R I E N C E S

Upon request

P E R S O N A L T R A I N I N G

P I L A T E S

Y O G A C L A S S

G U I D E D M E D I T A T I O N

S H I A T S U M A S S A G E O N F U T O N







U L T I M A S P A

P R I C E L I S T

PRICE CHF

S W I S S P E R F E C T I O N H I G H - T E C H

PERFECT LIFTING [90 minutes]	750.-
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S W I S S P E R F E C T I O N H I G H T O U C H F A C I A L S

PERFECT PURIFYING [60 minutes]	230.-
PERFECT HYDRATION [75 minutes]	290.-
PERFECT LIFTING [90 minutes]	390.-
MEN PERFECT REPAIR [60 minutes]	230.-

U L T I M A O R G A N I C F A C I A L S

ANTI-FATIGUE BOOSTER [30 minutes]	170.-
ULTIMA SIGNATURE FACIAL [60 minutes]	230.-
THE LEGENDARY FACIAL [90 minutes]	390.-

M A S S A G E S

ULTIMA SIGNATURE [60 minutes] [90 minutes]	190.- / 280.-
DEEP TISSUE [60 minutes] [90 minutes]	190.- / 280.-
CHAKRA BALANCING [75 minutes] [90 minutes]	220.- / 310.-
HOT-STONE [60 minutes] [90 minutes]	220.- / 310.-
LOMI LOMI [60 minutes] [90 minutes]	190.- / 280.-
MUM TO BE [60 minutes]	190.-

S E N S A T I O N S

HEAD MASSAGE [30 minutes]	120.-
FOOT REFLEXOLOGY [30 minutes]	120.-
EMOTIONAL AND STRESS RELIEF THERAPY	Upon Request

B O D Y

DETOX RITUAL [90 minutes]	350.-
TONIC BODY RITUAL [90 minutes]	350.-
MOUNTAIN RITUAL [90 minutes]	350.-
ANTI-CELLULITE RITUAL [90 minutes]	350.-
SUBLIMATING SCRUB [40 minutes]	190.-

PRICE CHF

MY FIRST SPA EXPERIENCE

MY FIRST MASSAGE [30 minutes]	90.-
MY FIRST FACIAL [30 minutes]	90.-
MY FIRST MANICURE OR PEDICURE [30 minutes]	50.-

TEENAGE SPA EXPERIENCE

TEENAGE FACIAL [45 minutes]	130.-
TEENAGE MANICURE OR PEDICURE WITH NAIL POLISH [30 minutes]	120.-

BEAUTY

EXPRESS MANICURE OR PEDICURE [30 minutes]	90.-
EXPRESS MANI, REMOVAL & SEMI PERMANENT [45 minutes]	130.-
EXPRESS MANICURE & CLASSIC NAIL POLISH	120.-
CALLUS PEELING TREATMENT [45 minutes]	90.-
WAXING	Upon Request
MAKE UP	Upon Request

WELLBEING AND HOLISTIC EXPERIENCES

PERSONAL TRAINING [60 minutes]	Upon Request
PILATES [60 minutes]	Upon Request
YOGA CLASS [45 minutes]	Upon Request
GUIDED MEDITATION [30 minutes] [60 minutes]	Upon Request
SHIATSU MASSAGE ON FUTON [90 minutes]	Upon Request

S P A & C L I N I C I N F O R M A T I O N

S P A O P E N I N G H O U R S

Daily from 9:00am to 9:00pm for use of the facilities.

Daily from 10:00am to 7:00pm for treatments.

S P A A C C E S S

Access to the spa is complimentary for all guests staying at Ultima Gstaad Hotel, Residences, Spa & Clinic. The required minimum age for spa access is 16 years old. However, children may use the indoor swimming pool under the supervision of an adult. «First experience» treatments are available for children up to 11 years old.

L I A B I L I T Y

The management of Ultima Gstaad waives all liability in the event of an accident, damage or theft that may occur in the spa.

P R I O R T O A R R I V A L

We recommend leaving all jewellery and valuables in your room before coming to the spa. Male guests are advised to shave before a facial treatment to ensure that maximum results are achieved.

A R R I V A L

Please arrive 15 minutes before the treatment to complete your health questionnaire and take the time to enjoy the spa area or the Juice Bar.

L A T E A R R I V A L

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatments in case of late arrivals.

C A N C E L L A T I O N

To change or cancel a reservation, please allow a 24-hour notice. Last-minute cancellations are charged at 100% of the price.

D U R I N G Y O U R S T A Y

For the serenity of the spa area, noise, smoking and active mobile phones are not permitted.

I N - R O O M S E R V I C E

For in-room service requests, an extra charge of 50% is applied.

H E A L T H C O N D I T I O N S

Please let us know if you suffer from a health condition or if you are pregnant, before making a reservation.

We look forward to welcoming you to the Ultima Spa & Clinic.

C O N T A C T

spa@ultima-gstaad.com
or +41 33 748 05 59

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